

Toronto Weight Loss Surgery Gives Patients A New Lease On Life

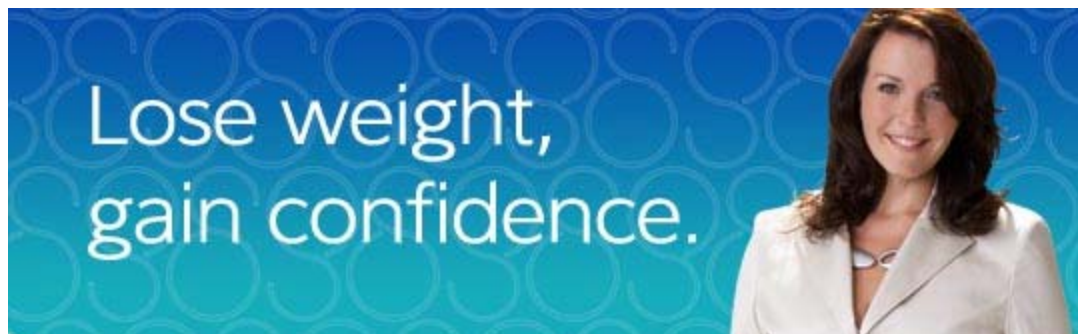


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Author: slimband.com

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Toronto, Canada, April, 2009 – Personal weight issues are usually private battles fought behind closed doors. Common feelings of shame, fear and low self esteem felt by individuals waging war against weight issues often keeps them from seeking assistance from friends, family and medical professionals. All it takes is one comforting hand to step into the picture and help put an individual at ease.



One [Bariatric Surgery](#) center is working hard to be that helping hand. Using a laparoscopic band, Slimband's skilled surgical team creates a smaller gastric pouch by encircling the upper portion of the client's stomach. The band is then adjusted by filling it with a saline solution to achieve the correct restriction. This creates the ability for the client to feel full faster and require less food while still feeling satisfied. Because less food is being consumed by the client they begin to

successfully lose weight. On average, clients will see up to a 48% weight loss within the first year following the medical procedure.

Weight loss is the key motivator for gastric banding surgery; however it also results in additional benefits, with clients experiencing improved health, a positive feeling of self-worth and increased energy levels. All of these factors lead to a client leading an overall higher quality of life; becoming more socially engaged, physically active and with lower health risks.

Laparoscopic gastric banding is a simple and safe medical procedure resulting in a highly effective solution to weight issues and obesity-related health risks. There are a number of clients who seek this medical procedure as a way to treat Type 2 diabetes, as it has been proven to reduce symptoms and, in some cases, even cure the disease.

Once a client has attended the complimentary consultation and is qualified for the procedure, they get access to the extensive pre-op support the clinic provides in preparation for their surgery. During the minimally-invasive laparoscopic surgery a small gastric band is placed around the upper portion of the stomach. An access port is placed underneath the abdomen wall that will allow medical staff to administer the saline solution for band adjustments.

While weight loss surgery of this type has become common practice in recent years, potential clients are advised to thoroughly research the credentials of a medical facility before undergoing the surgical procedure. While many treatment centers perform this operation, the [Slimband](#) clinic provides an unrivaled follow-up program with the expertise of a multi-disciplinary staff.

When a client books their procedure they also have access to the extensive post-operative support. The Slimband Support Program is specifically tailored to address the various needs of people struggling with obesity and weight loss. Their support staff provides knowledge and guidance in the areas of proper nutrition, psychological counseling, physical fitness and medical assistance. Because each of these follow-up treatments is included in the original procedure payment, no additional charges are incurred by the client.

The support program is offered at the Toronto Slimband clinic and outpatient arrangements can be made for long distance clients that

live out of the area. Slimband also offers financing options for the surgery through a reputable medical procedure creditor.

Post-surgery clients learn to make better lifestyle changes by learning proper nutrition and how to make healthy meal choices when at home or dining out. Counseling programs guide clients in identifying triggers, creating goals for their new life and how to achieve them. Fitness experts encourage clients to include physical activities in their schedules and create customized fitness regimens in order to regain their self-confidence. Finally, the medical staff provides follow-up care to monitor the client's progress, track the band's restriction and fill levels as well as discuss any medical issues a client may be experiencing. The inclusive post-surgery follow-up care extends across a four-year period.

About Slimband: Slimband is one of the largest and most respected [toronto weight loss surgery](#) and treatment centers in Canada. Slimband specializes in reversible laparoscopic weight loss surgery with a unique 4-year aftercare program that includes nutritional counseling, coaching, and fitness programs and fills adjustments. Clients benefit not only from safe, fast weight loss but also experience increased energy levels and the control or elimination of weight-aggravated conditions like heart disease, high cholesterol, and type II diabetes. Slimband has helped more than 2,000 patients fulfill their dreams of looking and feeling their best.

Contact Details: Lisa Borg
Slimband#61652;
PR Executive
64 Prince Arthur Avenue
Toronto, Ontario
M5R 1B4
Voice: 1-800-298-0684
E-Mail: pr@slimband.com
Website: www.slimband.com