

The Harley Medical Group Reports British Breasts Go Smaller

THE HARLEY MEDICAL GROUP®

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The Harley Medical Group reveals that, as Ulrika Johnson grabs the headlines for her reduced and reshaped breasts, the trend for down-sizing has hit its 26 clinics with breast reduction surgery up 7.8%. In addition, 75% of women who have had a breast augmentations at The Harley Medical Group in the last six months, opted to go up just one or two cup sizes.

Mr Riccardo Frati, surgeon for The Harley Medical Group, comments on [breast reduction surgery](#): "Many women feel over-sized breasts dominate their appearance, some find it makes exercising very difficult and in extreme cases large breasts can cause physical discomfort including backache, neck pain and poor posture. A breast reduction will take away excess tissue, fat and skin to give smaller, better proportioned breasts."

Liz Dale, director at The Harley Medical Group, adds: "Over the last year we have seen a definite move towards smaller, more natural looking breast shapes, as illustrated by today's breast reduction figures. Where women are choosing to have [breast enlargement surgery](#) they're opting to go up just one or two sizes with C/D cup the most popular size. Contrary to popular belief, most cosmetic surgery patients want to fit in - not stand out."

Breast reduction surgery usually takes three hours to complete, depending on the size of the breasts.

The operation is carried out under general anaesthetic and patients stay in hospital for one or two nights. Breast reduction patients are required to wear a supportive bra for up to three months to keep the breasts well supported whilst healing takes place and ensure the best possible results.



All patients considering [cosmetic surgery](#) should ensure that their surgeon is trained and registered in the GMC Specialist Register as a plastic surgeon and ensure that their first consultation is carried out by a medical professional. Every surgeon at The Harley Medical Group is GMC registered as a Plastic Surgeon and all consultations are carried out by a fully qualified Cosmetic Surgery Nurse Counsellor. [The Harley Medical Group](#) has been established for 26 years and has 26 clinics in the UK.

About the Harley Medical Group:

The Harley Medical Group is the UK's largest cosmetic and plastic surgery provider, performing more procedures and with more clinics than any other cosmetic surgery provider. It has been established for over 25 years and is one of the most highly-regarded Cosmetic Surgery Groups operating in the UK, with over 435,000 patients treated to date.

The Harley Medical Group is renowned for introducing and pioneering most new surgical and non surgical techniques to the UK and Irish markets, such as Aesthera PPx, Laser Hair Removal, Cool Touch Laser, Silk Touch Laser, Collagen for lines and wrinkles, Laser for snoring, Tumescant Liposuction, LPG cellulite treatment etc. All new treatments and techniques are first thoroughly researched and tested before they are submitted for approval by the Group's Medical Advisory Committee, as being suitable for application by the Group's fully trained and specialized Plastic Surgeons, Doctors and Treatment Nurses.

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