

# The Hospital Group Challenges Teenage Surgery-Seekers



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Author: **Rachel Phillips**

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Leading cosmetic surgery providers The Hospital Group has helped inform teenage surgery-seekers in a BBC3 television programme.

Two thirteen-year-old girls undertook a week-long journey to decide whether they really did want to take the plunge and have breast augmentation surgery as part of the 'Boob Job: My Big Decision' programme.

The 'grand finale' of the week was a visit to The Hospital Group's specialist cosmetic surgery hospital in Bromsgrove. During the week, the girls, Kianna and Kat, met women who had already had surgery and quizzed a group of boys to find out their views on breast size and the fake vs real debate. The girls also had a session with a family counsellor to explore their motivations for surgery plus a day's work experience as a dancer and a chef to get a taste of adult working life.

The girls' journey ended with an opportunity to sit in on a consultation with a real-life patient and consultant surgeon Mr Sulaiman, with the chance to pose all their questions to both the surgeon and the patient. They then followed the patient into theatre to experience first-hand the reality of undergoing a cosmetic procedure.

Following the experience, both Kianna and Kat decided that surgery wasn't the answer at this stage in their lives. Although Kat still intends to have [plastic surgery](#) when she is older, Kianna realised that she is still growing and larger breasts could hinder a career in

dance. While The Hospital Group is one of the country's leading surgery providers, it remains stringent in its values.

David Ross, Chief Executive of The Hospital Group, said: "We were delighted to take part in 'Boob Job: My Big Decision'. The Hospital Group is a responsible surgery provider and we are proud of our values. We have an extensive consultation process prior to surgery to discuss the realities of surgery with our patient – including what outcome they should expect as a result of the surgery as well as the recovery implications and the risks. Being involved in informing and challenging these two young girls' thinking was very worthwhile.

"Women as young as Kianna and Kat would never be treated at The Hospital Group as we only treat patients over the age of 18. However, we do have interest from younger patients so this was a useful educational process."

The Hospital Group's role in 'Boob Job: My Big Decision' follows gastric surgeon Paul Super's appearance on Channel 4 programme 'The Hospital', where he advised obese patients on bariatric (weight loss) surgery.

Since The Hospital Group was established in 1992, it has grown from a small pharmaceutical company to one of the UK's foremost cosmetic surgery and weight loss surgery providers. The Hospital Group is committed to providing the very highest standards and all procedures are performed by an expert medical team in state-of-the-art facilities that are second to none.

**Contact Details:** For further information of The Hospital Group's range of surgical procedures, surgery-seekers should visit the website [www.thehospitalgroup.org](http://www.thehospitalgroup.org) or call our Patient Care Coordinators on 0845 762 6727.