

Drug Detox That Uses Advanced Techniques Promoting Holistic Healing



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[Malibu, CA] - Cliffside Malibu, an upscale rehab facility on the Malibu coast, has long been a leading light in the California treatment community. Now, the center is pleased to announce its renewed commitment to helping clients achieve sustainable holistic recovery.



Addiction is both a physical and psychological disease. On the one hand, substance abuse victims suffer from acute chemical dependency. On the other, they're prone to self-destructive patterns of thought and behavior. The practical implication, of course, is that successful treatment must promote healing both in body and in mind. In the end, there's simply no other way to ensure the success of the detox and rehab process.

Those principles, in turn, form the foundation of Cliffside Malibu's treatment philosophy.

With its expert caregivers and posh amenities, Cliffside Malibu is a world-class institution. The center has always catered to an elite clientele. Now Cliffside is expanding its mission, with the goal of delivering holistic care to those individuals who need it. At Cliffside Malibu, nothing less than comprehensive excellence will ever be acceptable.

"There's no such thing as partial addiction recovery," said Cliffside Malibu Program Director Dr. Georgina Smith. "Real healing has to be total healing, which is why our treatment specialists use advanced dual-diagnosis techniques to assess both the physical and mental health of every new client. We like to believe that our record of success reflects our commitment to the holistic wellness of our residents."

And that commitment, in no uncertain terms, is precisely what distinguishes Cliffside from its competitors.

Every [drug detox](#) and addiction treatment facility claims to serve the best interests of its clients. Some of them actually do make a good-faith effort to live up to their promises. But only a handful actually provide the sort of physical and psychological treatment that makes real recovery possible. As should go without saying, those facilities which fall short of their own standards rarely help addiction victims achieve any sort of lasting sobriety.

For recovery patients and their families, say Cliffside administrators, that sort of failure is unacceptable.

"There are no second chances in the fight against addiction," said Patricia Freeberry, Cliffside's Clinical Director. "You either get it right the first time or you pay an unspeakable price. At Cliffside Malibu, we understand what's at stake for our clients, and we do everything in our power to help them get all the way to where they need to go."

No addiction victim needs to be told about the perils of the disease. The good news, though, is that there really is help out there. Cliffside Malibu's dual-diagnosis techniques have a proven record of long-term success. Now more than ever before, addiction victims have reason to believe in the promise of a brighter future.

Cliffside Malibu is a luxury drug and [alcohol detox](#) center located in Malibu, California. For further details about Cliffside's treatment methods, amenities, or other general information about [detox](#) procedures, please call 1-800-501-1988 or visit our Web site at www.cliffsidemalibu.com.

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