

Depression Treatment Is Often The Key To A Full Addiction Recovery



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[Malibu, CA] - Sunset Malibu, an exclusive treatment center on the California coast, has long been a transformational force in the field of rehabilitation and recovery. Now, Sunset is announcing its redoubled efforts in the fight against clinical depression.



Depression is a disease, not a choice. Depression victims don't decide to be sick; on the contrary, they're subject to physiological conditions beyond their control. The practical implication, of course, is that depression recovery can only occur by virtue of professional medical treatment. In the end, there's simply no other way for healing to happen.

That emphasis on professional care, in turn, forms the core of Sunset Malibu's treatment philosophy.

With its world-class caregivers and elegant accommodations, Sunset Malibu is an unparalleled recovery destination. The center has always catered to upscale clients from every corner of the globe. Now Sunset is renewing its commitment to its core values, with the goal of delivering life-changing [depression treatment](#) services to individuals who seek them. At Sunset Malibu, the client's psychological wellness always comes first.

"Depression recovery is first and foremost about personal growth," said Sunset Program Director Dr. Georgina Smith. "Our treatment programs are designed to help clients heal from the inside-out, in a way that will allow them to rediscover

themselves as they used to be. It's an arduous process, but we make it easier by standing beside them every step of the way."

Unfortunately, that commitment to partnership is precisely what sets Sunset apart from its competitors.

All depression treatment centers claim to care about the individual needs of their individual clients. But only a few of them actually live out the meaning of their promises. Indeed, many of the most high-priced clinics in Los Angeles fail to provide their residents with adequate support through every phase of the healing process. The results, of course, are very often disastrous for recovery patients and their families.

Dr. Smith asserts that such failures are unconscionable.

"Treatment can't be successful if it isn't a labor of love," Dr. Smith said. "The best treatment facilities are those which care most deeply for and about their clients. At Sunset Malibu, we bring a profound level of compassion to everything we do. That, more than anything else, helps to explain our robust record of success."

Depression victims don't need to be told about the perils of the disease. The good news, though, is that those perils aren't unconquerable. Sunset Malibu has proven itself capable of helping clients achieve meaningful and lasting recovery. Under the circumstances, it's hard to imagine that any outcome could ever be more important than that one.

Sunset Malibu is a luxury dual diagnosis and [depression treatment center](#) located in Malibu, California. For further details about Sunset's treatment strategies, accommodations, or other general facts on our [depression treatment program](#), please call 1-800-332-9202 or visit our Web site at <http://www.drugrehabsunsetmalibu.com/>.

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