

Mike Lee Kanarek Founder Of Haganah Comes To Austin For Tactical Knife Seminar October 23rd



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Mike Lee Kanarek chief instructor and founder of the International Haganah Federation comes to Austin Self Defense October 23, 2009, to teach a 3-hour Tactical Knife Techniques Seminar at Austin Self Defense In Cedar Park, Texas The seminar is open to the public.

October 1 , 2009 -- Austin, Texas – Mr. Kanarek is a former Israeli Special Operations Group Commando, formerly was part of the Israeli anti-terrorist task force and riot control and is a 20-year veteran in full contact [martial arts](#). Mr. Kanarek brings his knowledge and experience to the Austin, Texas, to educate civilians, military and law enforcement in reality based Israeli Defensive Tactics. Mr. Kanarek regularly teaches beginner, advanced and specialty tactics such as:

- Hand to Hand Combat
- Tactical Knife
- Combat Shooting
- Counter Terrorist Tactics
- Custom designed tactical maneuvers

The Tactical Knife Techniques Seminar will be held on October 23, 2009 from 6 PM- 9 PM, at the Austin Self Defense located in Cedar Park located on US Highway 183. Austin Self Defense will be fronting

the majority of the expense for this seminar and will offer the seminar at only \$69 a per person.

Owner and senior Haganah Instructor Dan Kiser with [Austin Self Defense](#) says, "Mr. Kanarek normally charges a minimum of \$500 per hour for a private training session. We are offering it to our guests for only \$23 an hour. This not only a huge discount, but also is an incredible opportunity to train with the best the Israeli military has to offer and for a very low investment."

This seminar is open the public and only to individuals 18 years of age and older. Participation is limited and to a first come, first serve basis. If you are a civilian interested in improving your [self defense](#) skills, military interested in reality based tactical fighting skills or law enforcement interested in learning techniques, which may save your life if a situation goes bad, then, "you need to be at this Tactical Knife Techniques Seminar. This is a great value and an unprecedented event at our studio," emphasizes Mr. Kiser.

About Austin Self Defense: [Austin Self Defense](#) is a reality based training facility located in North Austin. Austin Self Defense offers classes that teach Modern Self Defense & Weapons Techniques, Stand-up & Ground Austin Self Defense Techniques as well as offering Outstanding and un-replicated Conditioning Classes. Austin Self Defense has been assisting Austin-area residents in reaching their personal development goals since 2002.

Press Release submitted by <http://www.BestOnlineResults.com>

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