

The Effects Of Alcohol Rehab And What It Means For Your Health



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[Malibu, CA] - Sunset Malibu, a prestigious treatment center on the California coast, has long been a transformational force in the field of rehabilitation and recovery. Now, Sunset is announcing its redoubled efforts in the pursuit of holistic and sustainable sobriety.



Addiction is both a physical and psychological disease. On the one hand, addiction victims are subject to acute chemical dependencies. On the other, they're prone to self-destructive patterns of thought and behavior. The practical implication, of course, is that addiction treatment must promote both physiological and emotional healing. In the end, there's simply no other way for recovery to happen.

Those considerations, in turn, are at the heart of Sunset Malibu's holistic treatment philosophy.

With its world-class caregivers and elegant accommodations, Sunset Malibu is an unparalleled recovery destination. The drug and [alcohol rehab](#) facility has always catered to upscale clients from every corner of the globe. Now Sunset is renewing its commitment to its core values, with the goal of delivering physical and psychological therapy to individuals who seek it. At Sunset Malibu, the client's personal needs always come first.

"There are no partial victories in the fight against addiction," said Sunset Malibu Program Director Dr. Georgina Smith. "It isn't enough for an addiction victim to get better only in body, or only in mind. Real recovery is that which occurs on both

fronts-which is why we use special dual-diagnosis techniques to assess the psychiatric health of every one of our clients, and why our treatment programs are designed with an explicit emphasis on holistic wellness."

That comprehensive approach to the healing process sets Sunset apart from its competitors.

Most rehab centers make nominal commitments to holistic recovery. But very few of them make good on their promises. The unfortunate truth is that many of the most high-priced clinics in Los Angeles fail to deliver meaningful psychological care to their clients. Unsurprisingly, those clinics generally fail to produce meaningful or lasting healing.

Under the circumstances, argues Dr. Smith, such shortcomings are inexcusable.

"Our clients come to us because they have nowhere else to turn," Dr. Smith said. "At Sunset Malibu, we understand the stakes in the rehab process, and we do everything in our power to ensure positive outcomes for our residents. We believe that our commitment to excellence is reflected in our long record of clinical success."

The best rehab facilities are those which produce the best results for their clients. With its exclusive treatment programs and compassionate experts, Sunset Malibu has established itself as the foremost recovery institution in California. Countless clients have already learned just how valuable successful rehabilitation can be. For them and their families, the future is finally a thing worth looking forward to.

Sunset Malibu is a luxury drug and [alcohol rehabilitation](#) center located in Malibu, California. For further details about Sunset's treatment strategies, accommodations, or other general facts about [alcohol rehabs](#), please call 1-800-332-9202 or visit our Web site at <http://www.drugrehabsunsetmalibu.com/>.

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