

# Why More Women Are Choosing To Have A Breast Lift



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The Hospital Group has reported that the number of women having a breast lift has increased by 21% over the last year.

A breast lift, or mastopexy, as it is formally known, is a procedure that suits women whose breasts may be pendulous as a result of a relaxation of the ligaments due to weight loss, age or having children.

The actual size may be fine but the breasts have lost their volume and tone or the nipples may point downward. However, if extra volume is required then a breast uplift procedure may be combined with implants for the best overall result.

A spokesperson for The Hospital Group, said: "More and more woman, post pregnancy, have chosen to have a breast uplift to rebuild their confidence in their bodies. Particularly after breast feeding women lose volume in their breasts and want to get their femininity back."



During this common plastic surgery procedure, the surgeon will carefully remove a small section of excess skin from each breast to lift the bust line. The result will give the patient's bust a much more youthful appearance. It is often combined with the insertion of breast

implants in patients who have lost volume in their breasts as a result of age, weight loss or breast feeding.

The Hospital Group is one of the UK's leading providers of cosmetic surgery, number one in obesity surgery and breast uplift experts. So whatever your requirements, you can rest assured in the safe hands of the professionalism and experience that THG has to offer.

Since The Hospital Group was established in 1992, it has risen to become the UK's biggest weight loss surgery providers, performing more gastric band procedures last year than the NHS. The Hospital Group is committed to providing the very highest standards and all procedures are performed by an expert medical team in state-of-the-art facilities that are second to none.

For further information of The Hospital Group's range of cosmetic surgery procedures, surgery-seekers should visit the website [www.thehospitalgroup.org](http://www.thehospitalgroup.org) or call our patient care coordinators on 0845 762 6727.

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