

Dealing With Alcohol Abuse Effectively And Healing The Right Way



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[Malibu, CA] - Sunset Malibu, an exclusive drug and alcohol abuse treatment facility on the California coast, has long been a transformational force in the field of rehabilitation and recovery. Now, Sunset is announcing its redoubled efforts in helping clients heal themselves from the inside-out.



Rehabilitation isn't a passive activity. On the contrary, substance abuse is a personal problem, and drug or [alcohol abuse](#) recovery demands personal effort. The most effective treatment facilities are those which empower their clients, by helping them develop the strength they'll need to stay sober over the long run. In the end, there's no better way to ensure the success of the healing process.

Those considerations, in turn, are at the heart of Sunset Malibu's drug abuse rehab philosophy.

With its world-class caregivers and elegant accommodations, Sunset Malibu is an unparalleled recovery destination. The center has always catered to upscale clients from every corner of the globe. Now Sunset is renewing its commitment to its core values, with the goal of delivering life-changing care to individuals who seek it. At Sunset Malibu, the client always comes first.

"Empowerment is the most important gift an addiction victim can receive," said Sunset Program Director Dr. Georgina Smith. "That's why our exclusive treatment

programs are specifically designed to help our clients learn to help themselves. We believe that our long record of success proves the effectiveness of our approach."

Unfortunately, that passion for empowering care is precisely what sets Sunset apart from its competitors.

Every drug abuse treatment center pays lip service to the importance of patient empowerment. Only a few facilities, though, actually live up to their own standards. In fact, many of the most well-known drug abuse rehabs in Los Angeles infantilize their clients, by leading them to believe that recovery doesn't require intense personal effort. More often than not, such misconceptions doom those clients to failure in the healing process.

Under the circumstances, argues Dr. Smith, those shortcomings are inexcusable.

"Successful rehab literally saves lives," Dr. Smith said. "At Sunset Malibu, we understand exactly what's at stake for our clients, and we stop at nothing to help them get where they need to go. Any treatment facility that fails to do that doesn't deserve to be in business."

Every addiction victim understands how devastating the disease can be. What isn't so obvious, though, is that that devastation doesn't have to be the end of the story. Sunset Malibu has a long record of helping clients rebuild their lives from the ground-up. As the center's successful graduates have learned firsthand, no project could ever be more worthwhile than that one.

Sunset Malibu is a luxury alcohol and [drug abuse](#) treatment center located in Malibu, California. For further details about Sunset's treatment strategies, accommodations, or other general facts about [substance abuse](#), please call 1-800-332-9202 or visit our Web site at <http://www.drugrehabsunsetmalibu.com/>.

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