

Diet Pill Risk to Health



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Dieters looking for a quick fix have been warned against popping mineral pills- after researchers found they increased the risk of heart disease.

The supplement selenium has been hailed by diet gurus as the miracle solution to shifting stubborn fat. The tablets contain antioxidants which some believe can also help to cut the chances of developing cancer.

But researchers at Warwick University found that too much selenium can cause cholesterol levels to rocket.

Using the mineral increased the risk of heart disease by 8 per cent and researchers have now called for a ban on the supplement. Although there is no speedy steps to lose weight, The Hospital Group can provide clear and concise advice for those wishing to undergo weight loss surgery.

The Hospital Group, the UK's biggest provider of weightloss surgery, has seen a 73.9 per cent increase, with a staggering 12,848 people seeking surgery in 2008. In 2007, 7,385 people enquired into gastric procedures.



The surgery, including gastric band, gastric bypasses and gastric balloons can be used alongside liposculpture – also known as liposuction – and adominoplasty - the common tummy tuck– to sculpt and perfect your body and give you a healthier lifestyle.

Such is the interest in The Hospital Group's weight loss procedures, bookings have increased to levels above that of the NHS. While the NHS reported that it had performed 2,724 weight-loss operations in 2008, The Hospital Group performed a total of 3,015 gastric procedures in the same period.

The Hospital Group is committed to providing the very highest standards and all procedures are performed by an expert medical team in state-of-the-art facilities that are second to none. Since The Hospital Group was established in 1992, it has grown from a small pharmaceutical company to one of the UK's foremost weight loss surgery providers.

For further information of The Hospital Group's range of gastric procedures, surgery-seekers should visit the website www.thehospitalgroup.org or call our patient care coordinators on 0845 762 6727.

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