

Executive Rehab Promotes Physical And Psychological Healing



Released on: November 2, 2009, 5:23 am

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Industry: [Healthcare](#)

[Malibu, CA] - Cliffside Malibu, a prestigious drug rehab facility on the Malibu coast, has long been a leading light in the California treatment community. Now, the center is pleased to announce its renewed commitment to helping clients achieve holistic recovery.



Drug addiction is both a physical and psychological disease. By the same token, drug [rehab](#) must promote both physical and psychological healing. The best drug rehab facilities are those which help clients get better in mind as well as in body, in substance as well as in spirit. In the end, there's no other way to ensure the long-term success of the recovery process.

Those principles, in turn, are the bedrock of Cliffside Malibu's holistic treatment philosophy.

With its expert caregivers and posh amenities, Cliffside Malibu is a world-class institution. The center has always catered to an elite clientele. Now Cliffside is expanding its mission, with the goal of delivering the best care on the planet to those individuals who need it. At Cliffside Malibu, nothing less than comprehensive excellence will ever be acceptable.

"There are no partial victories in the fight against addiction," said Cliffside Malibu Clinical Director Patricia Freeberry. "Real healing must be both physical and

psychological in nature, which is why our exclusive drug rehab programs are explicitly designed to treat the whole patient. We believe that our long record of success proves the effectiveness of our approach."

Unfortunately, that commitment to holistic healing is precisely what distinguishes Cliffside from its competitors.

It's easy for a drug rehab center to pay lip service to the importance of holistic treatment. It's harder, though, for that facility to live out the meaning of its words. The truth is that many of the most "exclusive" drug rehabs in Los Angeles deliver one-dimensional care to their clients. It should come as no surprise that those institutions routinely fall short in their efforts to promote lasting wellness.

For recovery patients and their families, say Cliffside administrators, that sort of failure is unacceptable.

"Our clients trust us to save their lives," said Freeberry. "We're both humbled and inspired by the responsibility, and we believe that it's our duty to do everything in our power to ensure the success of the healing process. To do anything less would be both professionally and ethically inexcusable."

Drug addiction is a devastating disease. The good news here is that that devastation doesn't have to be the end of the story. Cliffside Malibu's drug rehab programs really do help drug abuse victims heal from the inside-out. As the center's successful graduates have learned firsthand, no outcome could ever possibly be more important than that one.

Cliffside Malibu is a luxury drug and alcohol [rehab center](#) located in Malibu, California. For further details about Cliffside's treatment methods, amenities, or other general information about [rehab centers](#), please call 1-800-501-1988 or visit our [Web site](#) at www.cliffsidemalibu.com.

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