

# Professional Rehab Is A Vital Component For Depression Victims To Recover



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[Malibu, CA] - Cliffside Malibu, a prestigious recovery facility on the Malibu coast, has long been a leading light in the California treatment community. Now, the center is pleased to announce its renewed commitment to helping patients overcome the ravages of clinical depression.



Depression is never a matter of choice. On the contrary, depression victims don't decide to be sick, and they can't simply decide to get better. The practical implication, of course, is that the road to recovery must always run through a professional depression treatment facility. In the end, there's simply no other course of action that can promote meaningful or lasting healing.

Those principles, in turn, are the bedrock of Cliffside Malibu's depression treatment philosophy

With its expert caregivers and posh amenities, Cliffside Malibu is a world-class institution. The [rehab](#) center has always catered to an elite clientele. Now Cliffside is expanding its mission, with the goal of delivering the best depression therapy on the planet to those individuals who need it. At Cliffside Malibu, nothing less than excellence will ever be acceptable.

"Depression treatment is a tremendously intricate process," said Cliffside Malibu Clinical Director Patricia Freeberry. "To be successful, it has to be administered precisely the right way, by people who know exactly what they're doing. Our clinical

psychologists and licensed clinical social workers are leading figures in their respective fields. That, we believe, is why our clients enjoy such an exceptional rate of success."

That success is what distinguishes Cliffside from its competitors.

It's one thing for an addiction treatment clinic to moonlight as a depression treatment facility. It's quite another for that clinic to make a concerted and competent commitment to the depression recovery process. The fact of the matter is that many of the most high-priced treatment centers in Los Angeles devote insufficient resources to their psychological wellness programs. As should be obvious, those facilities rarely live up to the promises they make to their clients.

For recovery patients and their families, say Cliffside administrators, that sort of failure is unacceptable.

"Depression treatment is literally a matter of life and death," said Freeberry. "At Cliffside Malibu, we're honored by the trust our clients invest in us, and we do everything in our power to justify their faith. To do anything less would be a breach of our personal and professional duties."

Depression is a devastating disease. The good news here is that successful depression treatment really can help to fix what's broken. Cliffside Malibu has a long history of helping anguished clients rebuild their lives from the ground-up. Under the circumstances, it's hard to imagine that any goal could ever be more noble than that one.

Cliffside Malibu is a luxury depression treatment and alcohol and [drug rehab](#) center located in Malibu, California. For further details about Cliffside's treatment methods, amenities, or other general information about [rehab](#)s, please call 1-800-501-1988 or visit our Web site at [www.cliffsidemalibu.com](http://www.cliffsidemalibu.com).

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